

ACTIVITY / WORKSHOPS	GROSS MOTOR	FINE MOTOR	COMMUN/ SPEECH	SOCIAL / BEHAV	LIFE SKILLS	CAREER EXPLORE	ACADEMIC
FENCING (dress in gear inc. face masks, metal foils and rubber foils)	X	X	Following directions, Recite start commands	X	X		
TENNIS (individual instruction, group play, create games w/ tennis balls)	X	X	X	X			Group tennis Score keeping
AFRICAN DANCING – (dancing, drumming, listening and participating)	X	X	X	X			Cultural
HIP HOP DANCE (varied movements- follow teacher & create own moves)	X		X	X			Counting & rhythm
DANCE PARTY (free dancing to own music)	X		X	X			
SWIMMING (ball toss, water slide, noodles, water dance, diving for toys, pool & lake)	X	X	X	X	X		
YOGA (follow specific movements/ poses, stretching, relaxation, balance)	X	X	X	X			
HORSEBACK RIDING (following directions, balance, movement, stretching, animal contact)	X	X Holding reins	X	X		X	Counting, letters, stop/ go, spatial concepts
BASKETBALL	X	X		X			
CROQUET	X	X		X			sequencing
SOCCER	X			X			
BASEBALL/ WIFFLEBALL (with tennis balls & bat or tennis racquet)	X	X		X			
TAG	X			X			
CARNIVAL GAMES & RELAY RACES	X	X	X	X			Follow directions & pattern
PLAYGROUND (swings, slides, climbing, spinning)	X	X		X			
WALKS –BIKEPATH/ PARKS/ FARM (in small groups & large groups)	X		X	X			
KARATE (moves taught by instructor, social skills/ self defense)	X		X	X			
WALL CLIMBING (wearing harness, balance)	X	Grasping hand hold	X	X			
BOWLING (team work, group building)	X	X	X	X	Put on shoes		Scoring
MINI GOLF (team work, group building)	X	X					Numbers
SAILING (wearing life jackets, movements, water, nature appreciation)	X In/out of boats, balance	Steering, ropes			Life jacket		Physics, environmental appreciation, movement
KAYAKS/ CANOES (water, balance, paddling, wearing life jackets, following directions)	In/out of boats, balance	Paddling			Life jacket		Physics of water
COOKING (following steps, mixing, opening)	X	X	X	X	X	X	X
SAMBATUCADA PERCUSSION (listening, beat, dance, instruments)	X	Make masks/ parade	X	X			

AFRICAN DRUMMERS (listening, repeating drum beats, use of drum sticks & hands)	X	X	X repeating patterns /words				Learning about another culture/ language
JON GAILMOR (singing/ listening, song writing)			X	Sitting/ turns			Read, compose, rhyme, answer questions
SINGING (structured groups and impromptu)			X	X			
ACTIVITY – FIELD TRIPS	GROSS MOTOR	FINE MOTOR	COMMUN/ SPEECH	SOCIAL / BEHAV	LIFE SKILLS	CAREER EXPLORE	ACADEMIC
FERRY TRIP TO NEW YORK (boat ride, walk, park time, picnic, public skills-walking in town, ordering ice cream)	X		X	X	X		Learning about lake & transportation
CIRCUS SMIRKUS PERFORMANCE (social skills-crowds, courtesy, using circus toys-rhythm sticks, plate spinning)	X	X	X	X	X		
SHELBURNE FARMS (walking, hayride, animal interaction-cow milking, egg collecting, petting, leading, dress up, garden, partner skills)	X	X	X	X	X	Cheese making, caring for animals, gardening	History, farm products, reading signs, nature
GONDOLA RIDE IN STOWE (bus ride, taking turns, heights, picnic, walking on uneven terrain, nature appreciation)	X		X	X			History of Vermont, recreation industry
SCAVENGER HUNT (partners, picture id, matching picture to object, colors, shapes, sizes)	X	X	X	X			Matching, color, shape, size
TRAIN RIDE (loading onto train, track safety, movement, enclosure)	X		X	X			Transportation
ACTIVITY- DAILY	GROSS MOTOR	FINE MOTOR	COMMUN/ SPEECH	SOCIAL / BEHAV	LIFE SKILLS	CAREER EXPLORE	ACADEMIC
MORNING MEETINGS (group skills, interactive games, community building)			X Listening, sharing, directions		X		X
LUNCH (self feeding/ clean-up, social time)	Clean-up	X	X	X	X		Discussion groups
TOILETING SKILLS	X	X	X	X	X		
DRESSING/ CHANGING FOR ACTIVITIES	X	X	X		X		
BOARD GAMES (reading, directions, peer interaction)		X	X	X			Reading, counting, solving
SENSORY GAMES (using touch, smell or taste to identify various objects)		X	X	X			Classification
BOOKS (individual reading, group reading, listening to peers read)		X	X	X			X
ACTIVITY –WINTER ONLY	GROSS	FINE MOTOR	COMMUNICATION	SOCIAL	LIFE SKILL	CAREER	ACADEMIC
ICE FISHING & 4 WHEELING	X	X			Driving/ steering equipment		
SKIING	X			X			
DOG SLEDDING	X		X	X			
SNOW SCULPTING/ PLAY	X	X	X		X		
SLEDDING (walking, pulling, balance)	X				X		

TYPICAL ARTS & CRAFTS	GROSS MOTOR	FINE MOTOR	COMMUN/ SPEECH	SOCIAL / BEHAV	LIFE SKILLS	CAREER EXPLORE	ACADEMIC
COLLAGE – posterboard, wood boxes & frames, using magazines, tissue paper, found objects, shells, beads, leather etc.		X	X	X		X	X
PLASTER OF PARIS- clay molds of shells & other objects, sand molds		X	X	X		X	X
PLASTER MASKS – plaster strips applied to each others faces, done in pairs, or applied to a plastic form		X	X	X		X	X
PLASTER HAND CASTS- two campers shake hands and the 'handshake' is cast w/ plaster strips	X	X	X	X		X	X
TIE DYE – shirts, bandanas, etc decorated w/markers, wax, or plain, tied in patters dyed w/choices of colors	X	X	X	X		X	X
RAIN STICKS – use of hammer and nails, pouring, tying, making music	X	X	X	X		X	X
WIND CHIMES – clay pieces created decorated and hung or old silverware shaped then hung from central decoration – tying		X	X	X		X	X
CANDLES – dipping into wax, pouring wax into molds –plastic or sand, or tin cans		X	X	X		X	X
PUPPETS – clay heads & soda bottle bodies decorated w/ fabric, yarn etc. or using beads and fabric- cutting, tying		X	X	X		X	X
SOAP MAKING – melting, pouring into molds, color & shape choices		X	X	X		X	X
DRUMS, SHAKERS- creating musical instruments using various mediums, leather, cloth, tubes, string, etc. then using them to create music		X	X	X		X	X
CLAY (kiln fired)– free sculpting, pinch pots, beads, shakers, etc.	Pounding wedging	X	X	X		X	X
PLASTIC CLAY – free form, molds, beads, color mixing		X	X	X		X	X
BEADING – seed beads to large wooden beads strung on cord, plastic cording, yarn, pipe cleaners, rope etc.		X	X	X		X	X
PAINTING –using brushes, fingers, roller, sponges, etc. on various medium-paper, wood, mural cloth	X	X	X	X		X	X
KITES/ WIND SOCKS- making from sail cloth, tyvek, string & dowels then flying	X	X	X	X		X	X
STEPPING STONES – using cement, shells, tile, stones, glass, and imprint objects and tools		X	X	X		X	X
BOOKMAKING – paper making and binding books		X	X	X		X	X
SCRAPBOOKS/ PHOTO ALBUMS- pictures collected/taken during camp		X	X	X		X	X
PHOTOGRAPHY- using disposable cameras	X	X	X	X		X	X
FACE PAINTING		X	X	X		X	X
JEWELRY MAKING – using beads, rocks, shells, string, rope, etc.- braiding, macramé		X	X	X		X	X
WIRE SCULPTING –using pliable wire, pliers, wire jigs and beads		X	X	X		X	X